The Great Zoom "NETspectations"

COMMUNITY LIVING
Windsor
Inspiring Possibilities

What are NETspectations?

"NET" is from the word *Internet* and *"spectations"* is from *Expectations.*
They are rules and tips for you to follow to help make Zoom activities fun and safe for everyone.

Setting Up for the Activity

- *Find a space in your home where you can enjoy* the activity.
  - If you need space to move, find a spot in your home where you can.
  - If you need to focus for an activity, try to find a spot that is quiet.
  - Make sure that there is enough light for you to see the activity and be seen (if you choose).
- *Make sure you are prepared for the activity.* For example, the speakers are on or any activity materials are ready for you.
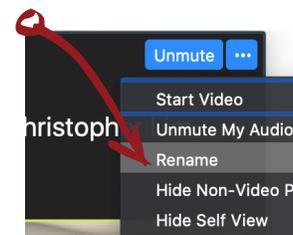- *If you would like a bigger screen*, try connecting your computer to display on your TV.

Respect and Privacy

- *Respect privacy of yourself and others.* Please do not share private information about yourself in a group, or any private information about others. If they cannot share their information themselves, it is not yours to share for them.
- *People can see and hear you if your camera and microphone are on.* Please do not say or do anything in front of the camera that you would normally do in private.
- *Please wait your turn to speak.* It is important that everyone gets a chance to be heard if they want to talk.
- *You can raise your hand, wave, or send a message* in the chat to let the activity leader know you have something to say.
- *Be kind to one another.* Use respectful language with everyone on the call. Although jokes can be funny to some people, they may be hurtful to others.
- *Please do not take pictures* or screenshots of the group without everyone's permission.

Tech Help!

- *If you are on MUTE, the host cannot UNMUTE you.* Unmute yourself or connect with a friend or supporter that is nearby for help.
- *You can rename yourself* in the Zoom meeting. This can help the activity leader and others to call you by name.
- *Internet or Zoom connection problems can happen.* Try logging off and logging back in to see if that fixes the problem.

Unmute

Unmute ⋯
Start Video
Unmute My Audio
Rename
Hide Non-Video Pa
Hide Self View

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Different Ideas or Questions?

- *If you have any questions or if you have an idea* for an activity, contact **Maggie Pinsonneault** at (226) 347-5184 or maggie.pinsonneault@clwindsor.org
- *If you would like to arrange a one-on-one Zoom call*, contact **Pat Wilcox** at (226) 788-1460 or pat.wilcox@clwindsor.org OR **Trudy Sheehan** at (226) 626-1494 or trudy.sheehan@clwindsor.org